



New Home

SAME ROOTS.





Letter from CEO



Friends,

During this period of reflection and forward planning, Family Houston has continued to make meaningful progress by aligning the deep passion of our staff, volunteers, and supporters with the powerful purpose that defines our mission. This alignment has strengthened our organizational impact, supported continued growth, and renewed our strategic focus.

Over the past year, Family Houston has served more than 12,000 individuals through mission-driven programs that address critical community needs, including access to mental health services, financial stability support, workforce development, and essential basic needs assistance. Additionally, donor engagement has increased significantly, highlighted by more than 200 percent growth in foundation investments and record-breaking special event fundraising. Our strengthened partnerships with community organizations have further expanded our reach and deepened our local impact.

To support these outcomes, Family Houston made several important strategic decisions. We prioritized equity and inclusion in program development and leadership initiatives to ensure our services reflect the voices and needs of the communities we serve. This includes programs like Youth of the Month, a job readiness initiative designed to give Houston's under resourced youth a better chance at economic mobility and expanding

access to multilingual counseling services. We also reallocated resources toward high-impact initiatives while thoughtfully phasing out efforts that no longer aligned with our strategic mission.

Recognizing that our staff are essential to our success, we invested in building internal capacity by expanding professional development opportunities and enhancing wellness resources to support staff commitment and resilience. Additionally, we made a significant investment in a new facility equipped with a dedicated training center designed to support expanded youth, senior, and family programming, along with the addition of a generator to strengthen our post-disaster community response capabilities.

Looking ahead, Family Houston is focused on expanding programming with an emphasis on sustainability, scalability, and community ownership. We aim to deepen partnerships with grassroots organizations and local leaders to maximize shared impact. We are also preparing to launch a storytelling and advocacy initiative, including efforts such as the CEO Roundtable and Funders Circle, to amplify client voices and strengthen connections between supporters and our mission.

Our future priorities include continuing to improve access to mental health services for youth across the Houston area, particularly within historically underserved communities. We will also build upon programs that enhance career opportunities and outcomes for vulnerable youth and families. By leveraging technology and performance data, we are working to create a more efficient and streamlined client experience. Additionally, we will continue identifying emerging community needs and exploring opportunities to respond effectively.

As we move forward, Family Houston remains deeply committed to the belief that meaningful change occurs when passion meets purpose. Every act of service, every dollar contributed, and every voice raised brings us closer to building a more just and compassionate community.

Thank you for your continued partnership and support.

Sincerely,

A handwritten signature in black ink, appearing to read 'Ken Sheirr'. The signature is fluid and cursive, written over a light blue horizontal line.

Ken Sheirr
CEO, Family Houston



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At Family Houston, family means community. It reflects the belief that everyone deserves support, dignity, and care — whether they are a child, adolescent, young adult, parent, veteran, or older adult navigating a moment of need.

In FY25, our work reached Houstonians across life stages and circumstances, grounded in a shared commitment to flexibility, access, meaningful outcomes, intentional investment, a legacy of care, and continuity across generations.

Supporting PEOPLE ACROSS LIFE STAGES AND NEEDS

Life rarely fits into one category — and neither do the people we serve. In FY25, Family Houston remained flexible in how support was delivered, ensuring individuals could access care that matched their unique situations.

Using an integrated, multi-service approach, we supported children, adolescents, adults, parents, and veterans across our three core pillars: Mental Health Counseling, Financial Stability Coaching, and Community Support. Whether addressing emotional well being, economic stability, or basic needs, services were adapted to meet people where they were without requiring them to navigate challenges alone.

Flexibility allows care to respond to real lives, not rigid systems.

By The Numbers

BASIC NEEDS ASSISTANCE:

1141 clients

FINANCIAL STABILITY COACHING:

826 clients

MENTAL HEALTH COUNSELING:

1,161 clients

3,128
Houstonians Served

7,252 Community Support sessions delivered, helping clients access essential resources and stabilize basic needs

Financial goals in action: 66% of clients working toward savings increased their financial reserves

Basic Needs Pantry launched in April, supporting **200+ clients** with critical food and household assistance

Serving those who served: 261 veterans supported through targeted services in FY25

Financial Stability:

73% of clients pursuing credit improvement services experienced success.

Program Highlights

MENTAL HEALTH COUNSELING:

Proven Outcomes:

80% of adults report improvement in their mental health, with **95% of clients** rating their counselor's ability to meet their needs as good or better based on client satisfaction data.

Expanding Reach:

Family Houston currently serves **10 schools and 4 community partner sites**, with a new school launching in spring, bringing the total to **11 schools** this school year.

Youth on the Move

Program Activities

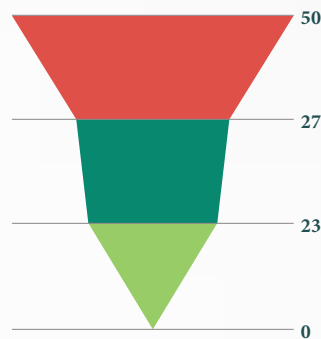


WORKSHOPS (IN-PERSON & VIRTUAL) **25**

INDIVIDUAL COACHING SESSIONS **226**

ADDITIONAL TOUCHPOINTS **136**

Job & Career Outcomes



TOTAL YOUTH PLACED* **50**

INTERNSHIP PLACEMENTS **27**

PLACED IN JOBS **23**

2 microgrants awarded
(2 at \$1,500 each - 9 in pipeline for entrepreneur program)

**on track to meet 50+ placements by year-end*

Participants Served: 145 Youth (Ages 14-24)

80%
AGED 18-24

53%
MALE

FROM **55+**
ZIP CODES
ACROSS GREATER
HOUSTON

Reaching HOUSTONIANS WHERE THEY LIVE

Accessibility is essential to equity. In FY25, Family Houston served individuals across Harris, Montgomery, Fort Bend, and surrounding counties, ensuring help was within reach for diverse communities throughout the Houston region.

Clients represented a wide range of ages, backgrounds, and lived experiences. By offering services in multiple locations and formats, reducing financial barriers, and prioritizing culturally responsive care, we expanded access to support for those facing obstacles to traditional systems of care.

Access is not just about proximity — it's about belonging.

Demographic & Accessibility

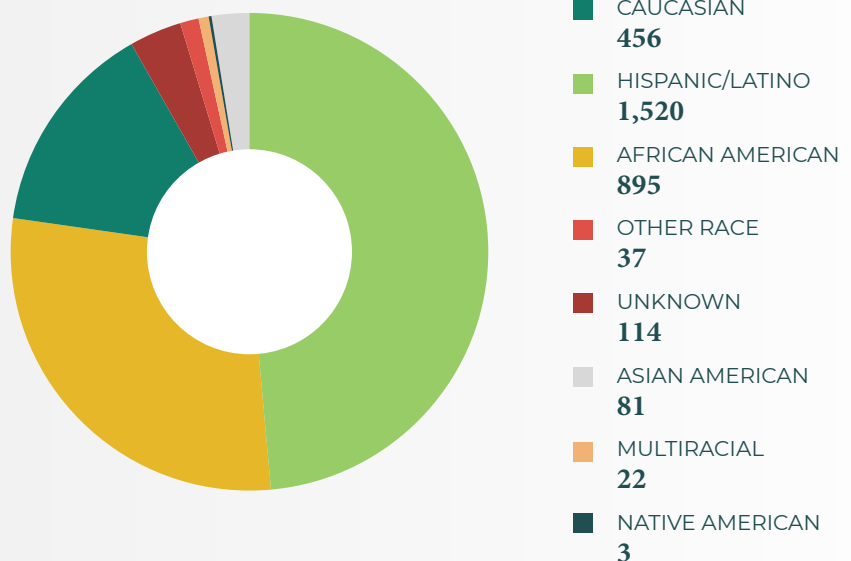
CLIENTS BY AGE:

UNDER 18
15%

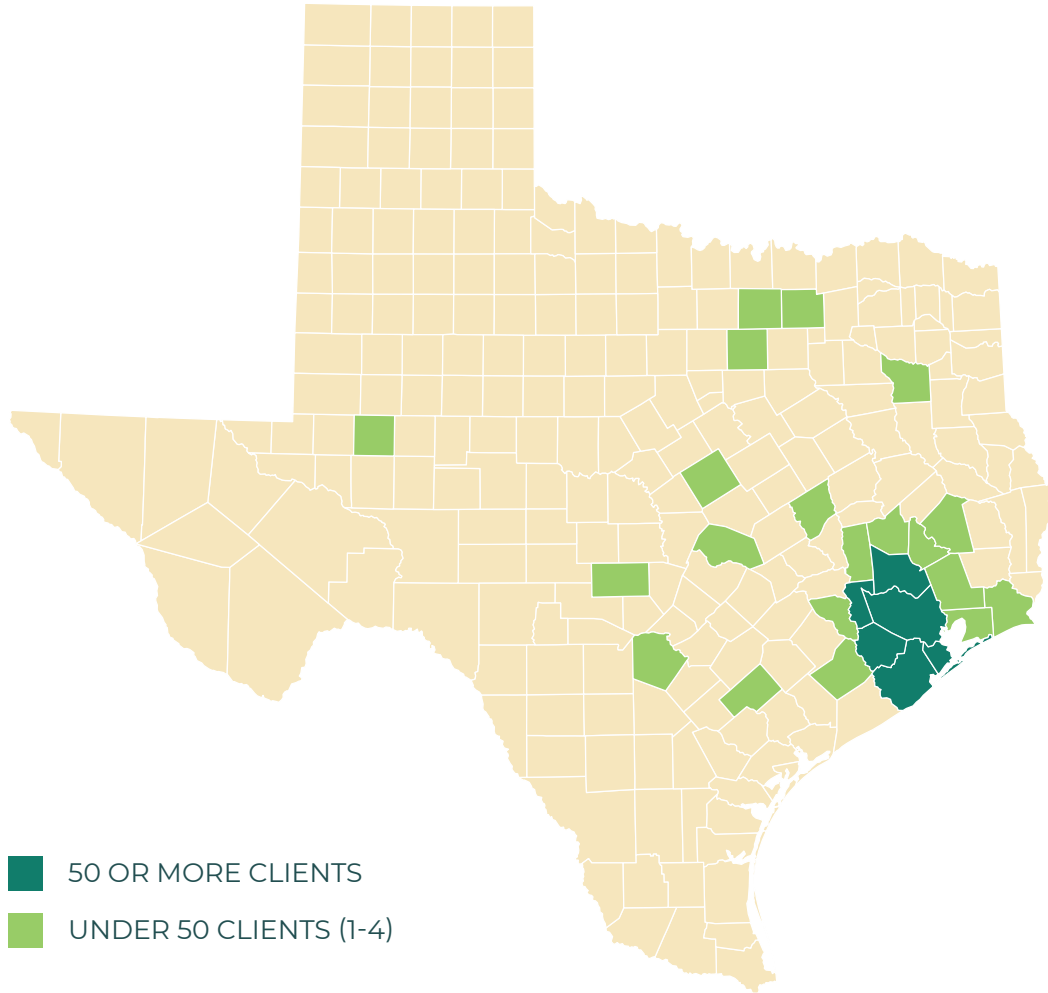
18 TO 65
79%

OVER 65
6%

CLIENTS BY RACE OR ETHNICITY



COUNTIES SERVED:



50 OR MORE CLIENTS
 UNDER 50 CLIENTS (1-4)

HARRIS 2332	WHARTON 4	DENTON 1	MIDLAND 1
FORT BEND 216	CHAMBERS 3	DEWITT 1	POLK 1
NO ADDRESS 212	LIBERTY 2	GILLESPIE 1	ROBERSTON 1
MONTGOMERY 129	WALKER 2	GRIMES 1	SAN JACINTO 1
GALVESTON 90	WILLIAMSON 2	HIDALGO 1	SMITH 1
WALLER 64	BEXAR 1	JEFFERSON 1	TARRANT 1
BRAZORIA 51	COLLIN 1	KINGS 1 Not TX	
AUSTIN 4	CORYELL 1	LAFAYETTE PARISH 1 Not TX	

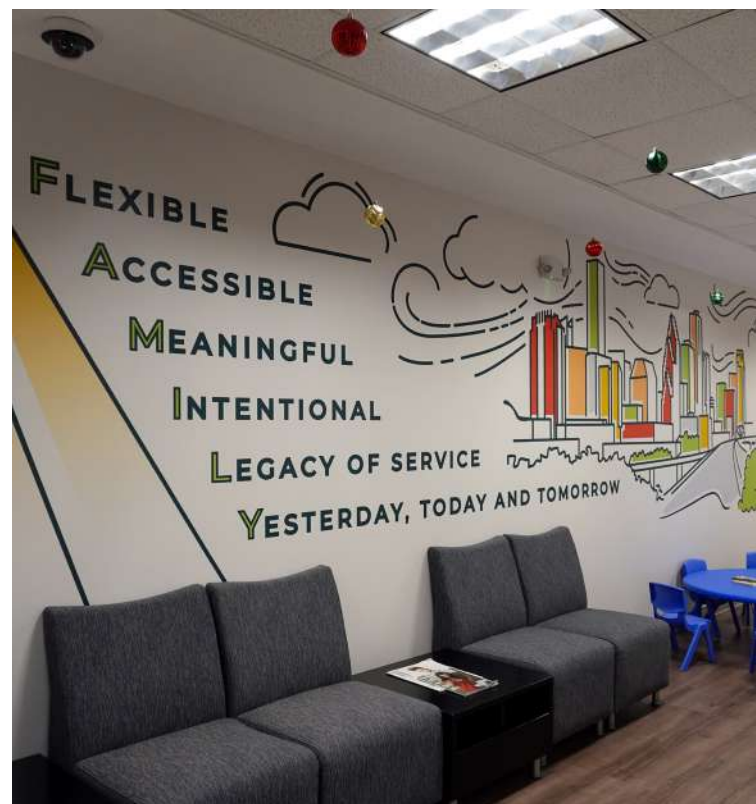
The data in this report reflects the 2025 fiscal year (July 1, 2024 - June 30, 2025). We collect demographics at the time of intake and measure outcomes with assessments before the first services are provided and periodically thereafter.

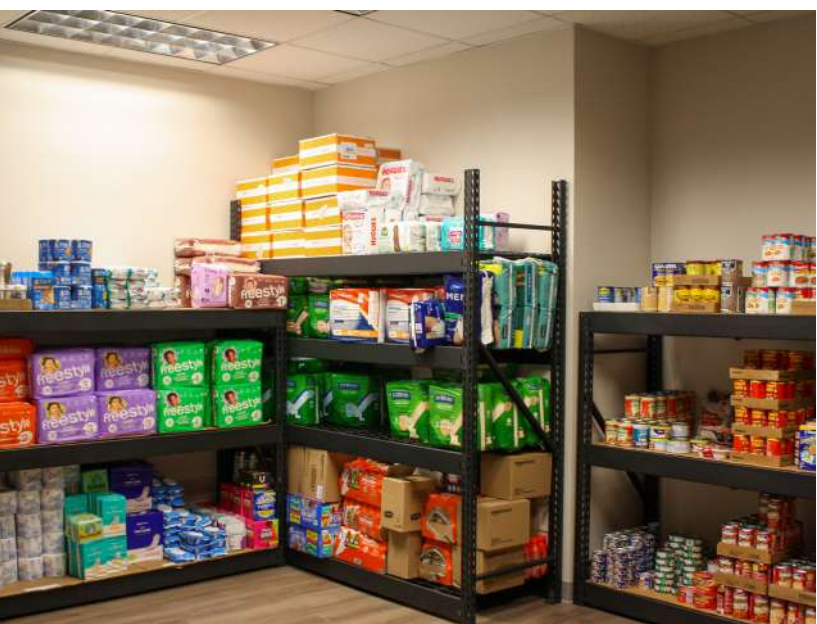


Welcome TO OUR NEW HOME!

Family Houston officially opened the doors to our new central location at 411 Durham Drive with a Ribbon Cutting Ceremony, surrounded by community leaders, partners, staff, and supporters who believe in our mission to strengthen communities and build a stronger Houston.

The new space features a Basic Needs Pantry, Financial Stability Training Center, Mental Health Play Therapy Suite, and a Cooling Zone. This expansion reflects our continued commitment to providing accessible, high-quality services to the Greater Houston community.





Measurable outcomes

THAT MATTERS

Impact is reflected in progress — emotional, financial, and personal. In FY25, Family Houston delivered meaningful outcomes across programs, supporting improved mental health, increased financial confidence, and greater stability for individuals and households alike.

Client stories and program outcomes shared throughout this report illustrate the real-world effects of consistent, compassionate care — from children and teens building emotional resilience, to adults navigating transitions, to veterans accessing specialized support. These outcomes represent lives strengthened and futures made more secure.

Clients Highlight



VETERAN CLIENT STORY:

Clarence Holmes, Jr.

Clarence Holmes, Jr., a Family Houston client and veteran, sought assistance after his employer moved operations overseas, resulting in a significant wage cut that made it difficult to keep up with mortgage payments. After calling 211, he was referred to Combined Arms and then connected with Family Houston, where he worked closely with Karina Zapata, Senior Veteran Support Specialist.

Karina guided Clarence through the mortgage assistance process, helped resolve challenges with required documentation, and ensured he received timely support. In addition to financial assistance, Clarence and his wife benefited from Family Houston’s food pantry services. He was also invited to participate in a senior-focused community event that offered education,

meals, and connection.

Clarence credits Family Houston—and Karina specifically—for providing not just resources, but steady guidance during a stressful period, helping him feel supported both financially and personally.

“When I was under financial and mental stress, Family Houston truly showed up for me. Karina Zapata took the time to walk me through every step, even staying on the phone until we solved issues with my mortgage company. Because of her dedication, I received assistance when I needed it most. I am deeply grateful for the care, patience, and respect I was shown.”



YOUTH ON THE MOVE CLIENT STORY:

Kyren Jackson

After relocating to Houston from New Orleans following Hurricane Katrina, Kyren faced prolonged instability and homelessness, cycling between temporary work and limited support systems by the time he turned 18. Without consistent income, transportation, or access to career pathways, long-term stability felt out of reach.

Through Youth on the Move, Kyren gained structure and direction. He built a personal budget, attended employment and financial workshops, enrolled in free cybersecurity training through edX in partnership with Verizon and United Way, and registered with Work Texas to explore sustainable career options.

With Family Houston's support for transportation, communication, and digital tools, Kyren secured a role with Harris Health's HR department while continuing his position at the Toyota Center. Today, he also partners with youth organizations as a speaker and recruiter, using his experience to inspire others while building a strong career foundation.

"Youth on the Move helped me see my strengths and turn them into real opportunities."

MENTAL HEALTH COUNSELING CLIENT STORY:

Kyle Client wishes to remain anonymous

Kyle, a Family Houston client who wishes to remain anonymous, came to counseling unsure that therapy could truly help. He had tried therapy in the past, primarily Cognitive Behavioral Therapy, but despite talking through his feelings and following recommended steps, he did not experience lasting change.

Kyle found himself stuck in ongoing cycles of anxiety, depression, self-doubt, and low self-esteem. Through EMDR therapy at Family Houston, he was able to address deeper, unresolved trauma that had been driving these patterns. As a result, Kyle experienced meaningful emotional progress, gaining confidence, greater self-acceptance, and a sense of calm he had not felt before.

"I was helplessly stuck in patterns of anxiety, self-doubt, depression, and poor self-esteem. By working through the root trauma in my life, I've been able to move away from those cycles. I'm more confident, kinder to myself, and the knots from years of negative emotions have cleared. I'm finally experiencing peace of mind on a whole new level."

BASIC NEEDS PANTRY

Family Houston's Basic Needs Pantry supports individuals and families experiencing financial hardship by providing access to nutritious food and essential household items. The pantry serves as a critical safety net for those facing economic instability, helping prevent small challenges from becoming long-term crises.

By addressing immediate needs, the pantry strengthens overall well-being and complements Family Houston's broader services, ensuring people are supported not just emotionally and financially, but in the practical moments that matter most.



Marcela Parra, Nutrition & Pantry Coordinator, CHW



COMMUNITY SUPPORT SERVICES (BASIC NEEDS PANTRY) CLIENT STORY:

David Lightfoot

David Lightfoot, a proud U.S. Army veteran, came to Family Houston's veteran food pantry seeking some extra support to help make ends meet. Like many veterans, David has worked hard to stay self-sufficient, but the rising cost of living has made it increasingly difficult to stretch his fixed income far enough each month.

When he learned about Family Houston's pantry, he was relieved to find a place that not only provided food but also a welcoming environment that honors and respects veterans. The pantry helped ease his financial burden, allowing him to focus on other essential expenses such as rent and utilities. This stressful period, helping him feel supported both financially and personally.

"I'm grateful that Family Houston is here for veterans like me," David shared.
"Sometimes a little help makes all the difference."

Through the pantry and additional veteran support services, Family Houston continues to ensure that veterans like David receive the care, dignity, and resources they deserve.

Investing IN SUSTAINABLE IMPACT

Every dollar raised in FY25 was guided by purpose. Through intentional fundraising efforts — including the Laughing Matters Gala and community-based events — Family Houston secured resources to sustain essential services and invest in future capacity.

Strategic financial stewardship ensured resources were directed where they would have the greatest impact, balancing immediate needs with long-term sustainability. This approach allows us to continue serving Houstonians today while preparing for the challenges of tomorrow.



Laughing Matters Gala 2025

Laughing Matters, Family Houston's flagship fundraising gala, was a defining moment in FY25—bringing together community leaders, partners, and supporters in a shared commitment to advancing mental health across Houston. The event raised more than \$560,000, strengthening our ability to expand access to critical mental health services where they are needed most.

The evening featured an unforgettable performance by comedian and author Gary Gulman, whose storytelling and humor underscored the importance of open conversations around mental health. More importantly, the collective generosity of our supporters will have a lasting impact—particularly in local schools, where Family Houston is expanding access to mental health services for students and families facing growing emotional and behavioral health needs.



Mothers Day Event featuring Houston Texans



Central Location Ribbon Cutting Ceremony



On March 27, 2025, Family Houston celebrated the opening of its new central location at 411 Durham Drive with a Ribbon Cutting Ceremony alongside community leaders, partners, staff, and supporters. The event marked a meaningful milestone in our organization's growth and reflected a shared commitment to strengthening Houston through accessible, community-based services. Surrounded by those who believe in our mission, the moment symbolized both progress and possibility. This new location positions Family Houston to better serve individuals and families across the region, providing a central hub where care, connection, and opportunity come together.

Financial Snapshots

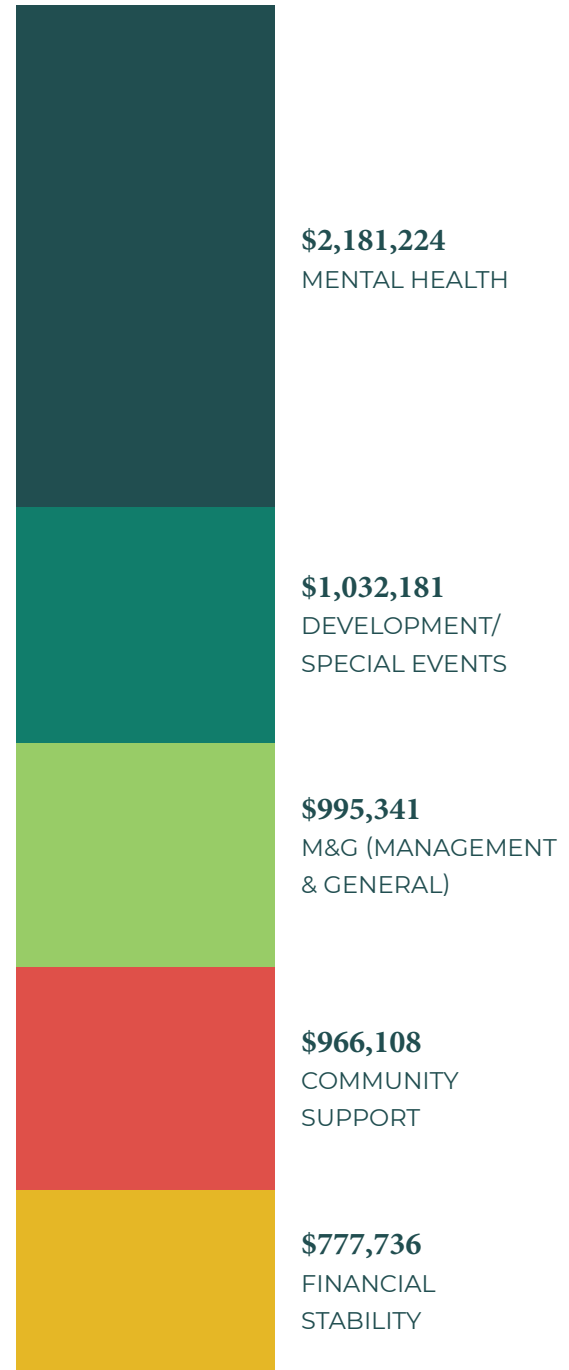
Revenue

\$5,703,566



Expenses

\$5,952,590



A SHARED *commitment* TO HOUSTON

Family Houston's work is supported by a broad network of donors, partners, foundations, and funders who believe in strengthening the Houston community. Together, these partnerships enable access to care, expand reach, and reinforce trust built over generations.

This legacy is not defined by one group, but by a collective belief that communities are stronger when people show up for one another.

Board of Directors & Staff

The success of Family Houston is made possible by our **dedicated supporters, board members, and staff**. Their leadership, generosity, and passion for service allow us to sustain our mission and expand our reach.

2025-26 BOARD OF DIRECTORS

Kenneth Sheirr, <i>President & CEO</i>	Kelly Hickman
Robert Tinnell, <i>Chair</i>	Dion Hobbs
Linda Jarvis, <i>Vice Chair/Elect</i>	Marc Israel
Hogan Miller, <i>Secretary</i>	Tim Martinez
Quentin Hicks, <i>Treasurer</i>	Vivian Mora
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Austin De La Cruz	Jeff Sease
Nick Dhesi	Alex Taghi
Mike Galiunas	David Tagliarino
Nelsy Gomez Lipford	Johanna Watson
Reece Hardy	Charles Wang
Daphne C. Hernandez	Kris Westbrook

FAMILY SERVICE FOUNDATION

David Pitts, *Chair*
 David Pluchinsky
 David Underwood, Jr.
 Kevin Dunlap
 Locke Bryan
 Sergio Leal

Partners

COMMUNITY SUPPORT

Depelchin
Holibrook
Cedarbrook
McNamara
Sutton
Spring Shadows
Spring Branch Family Development Center
Interfaith Ministries Refugee Services
Houston Food Bank
Kennedy ES
Bastian ES
Kids Meals

FINANCIAL STABILITY

Brazosport College
Fort Bend Family Promise
Mamie George Community Center
Abigails Place
Life Houston
Second Mile Mission
Access Health
The Alliance
Fort Bend Social Service
SER Jobs
Memorial Assistance Ministries
Chinese Community Center
Workforce Solutions
Northwest Assistance Ministry
Workfaith Connections
Wesley Community Center
Dwyer Workforce Development
Capital Idea
Haul
Dress for Success
Career Gear
Katy Christian Ministries
Agape
NRCDC
Houston Community Land Trust
Donald Bell with Bank of Texas
Habitat for Humanity
Agape
Covenant Capital
Mission Asset Funds (MAF)

Alliance Houston
SCORE
SBDC
Barker Ripley
Work force Solutions.
WIC
YMCA
Mabee Whole Life Service Center
Dwyer Workforce Development
Access Health
Goodwill

MENTAL HEALTH

Communities in Schools
Willis ISD
LCISD
HISD
Mabee Whole Life Service Center -Women's Home
SERJobs
CASA de Esperanza
Houston Area Women's Center
The Council on Recovery
Network of Behavioral Health Providers
Family Medicine MMC
United Way

VETERAN SUPPORT SERVICES

Texas Veterans Commission
Bob Woodruff
Mayors Office of Veteran Affairs
Combined Arms
Harris County Veterans Department

YOUTH ON THE MOVE

Rice University
Connect Community
The Garden
United for College and Career Success
Work In Texas

Donors/Funders

\$500,000+

Louis E. Magne

\$100,000 – \$499,999

Powell Foundation

Sarofim Foundation

NBA Foundation

United Way of Greater Houston

Texas Veterans Commission

\$50,000 – \$100,000

Houston Texans Foundation

Leslie L. Alexander Foundation

The Cullen Trust for Health Care

The Brown Foundation

QTEGO

Houston Methodist

\$10,000 – \$50,000

Alex Taghi

Anew Climate

Bank of America

Blue Cross Blue Shield of Texas

Bob Woodruff Foundation

Cathy M. Garcia-Prats

Charlotte B. Proehl Foundation

Chevron Phillips Chemical

Diabetes Care Foundation

Fayez Sarofim & Co.

First Horizon Foundation

Franklin Street

Harris County Hospital District

H-E-B

Hogan Miller

Houston Junior Forum

Houston Rockets & Clutch City
Foundation

Isla Carroll Turner Friendship
Trust

John P. McGovern Foundation

Gretchen and Ken Sheirr

Kris Westbrook

Latham and Watkins

Linda Jarvis

Marc Israel

Montgomery County Community
Foundation

Perry Homes Foundation

River Oaks Garden Club

Shaun Varghese

Spindletop Community Impact
Partners

Walker Moody

William E & Natoma Pyle Harvey
Charitable Trust

The John G. and Marie Stella

Kenedy Memorial Foundation

\$5,000 – \$10,000

Baker Botts L.L.P.

Camden

Caroline Abrams Mitzner

Comora Family Foundation

Deloitte

Field Family Foundation

Heidi Obie

Houston Astros Foundation

Houston First Corporation

Legacy Community Health

Nelsy Lipford

Noble Corporation

Quentin R. Hicks

Rusty Hardin & Associates

Silver Eagle Distributors, L.P.

Stephen Costello

TDECU Cares Foundation

The Kroger Co.

Wade Stubblefield

Woodforest Acceptance Solutions

WRM

\$1,000 – \$5,000

Aaron Laine

Alden Chapman

AMA Houston

Andrews Foundation

Anna Peikert

Aryn Guillory

Brett Jennings

Bridget Green

Brielle Griffin

Buffalo Bayou Master Owners
Association Inc

Caitlin Tebo

Cameron Piwetz

Carolyn Dorros

Courtney Robertson

David G. Dunlap

Debbie Bauer

EConsortium

Edna Lopez

Enbridge Energy Partners

George C. Lake

GivingFource Foundation

Herschel D. Sikes

James Plummer

JC Love Society*

Jenna Tabuena

Jennifer Jones

Jennifer Monteleone

Jon Schuler

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Luisa Rangel de Alba
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Mutual of America Life Insurance
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Renee Reamer
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Savannah McPartland
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Sergio V. Leal
Shannon Crain
Shauna Motta
Shell Oil Company Foundation
Simple Generosity
Stacy White
Tiffany Hermes
Tracey Shingledecker
Triton Stone Group
Vivian Mora

\$500 – \$1,000

13 Celsius
Amegy Bank of Texas
Betsy Nelson
Brittany Faulk
Caroline Hadlock
Catherine Giuffre
Christi Vinzant
Christina Heins
Clara Hough
Danielle Faulk
David Tagliarino
Deepa Gupta
Delie Putnam
Elizabeth Caddell
Ellen Sheirr
George Postolos
Haley Bowen
Jeanne Michelle King
Jessica Fleming
Kathryn Schuessler
Kelsey Ralph
Kim Hanley
Kimberly Harrington
Lindsay Derman
Linsay Scott
Lizzie Darwin
Loyd Zisk
Madison Cottingham
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Michelle Burt
Nancy C Smith Foundation
Natalie Liddell
Neil Tofsky
Phyllis Pitts-Kolb
Roxanne Martin
Ruth Davis

Shelby Stripling
Shunney H. Nair
T Ragan Ryan Foundation Inc
Tayler Stanley
Tom Young
Vicki Garrett
Yesely LoveThe Brown Foundation
QTEGO
Houston Methodist

**The JC Love Society is Family Houston's exclusive giving recognition for individual donors who contribute \$1,000 or more annually in support of our mission. The Society is named in honor of JC Love, Family Houston's first social worker, whose legacy of service continues to inspire our work today.*

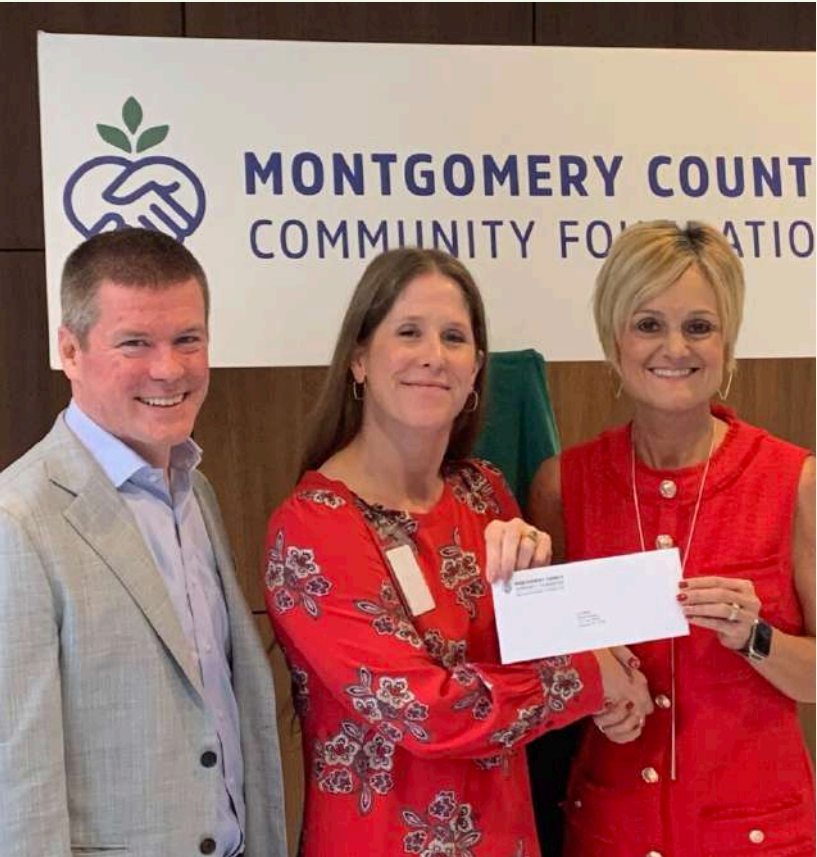
(between 7/1/2024-6/31/2025)

Thank you

TO ALL DONORS

Our impact is made possible through generosity. In FY25, donors invested in Family Houston’s mission to help individuals and families build stability, confidence, and move forward with hope. Support from foundations, corporate partners, and individual donors allowed us to expand access to mental health counseling, financial stability coaching, basic needs assistance, and veteran support services. These investments fueled both immediate relief and long-term progress for the people we serve. We are honored by the trust our donors place in Family Houston. Your partnership helps transform compassion into action and creates meaningful change across the Greater Houston community.







Thank you

TO ALL VOLUNTEERS

Every act of service strengthens our community. In FY25, volunteers showed up with their time, energy, and heart — helping ensure individuals and families across Greater Houston had access to care, stability, and essential resources. From supporting community events to organizing donations and assisting with on-site programs, volunteers played a critical role in extending our reach and deepening our impact. Their willingness to step in where help was needed most allowed our staff to focus on delivering high-quality services with compassion and consistency. Family Houston is deeply grateful to the volunteers who stood alongside us this year. Your commitment makes our work possible and our mission stronger.



121 years of service — AND LOOKING AHEAD

In FY25, Family Houston marked its 121st year of service to the Houston region. From its early beginnings to today's comprehensive, multi-service organization, the mission has remained clear: support people through moments of challenge and transition.

As we look ahead, we remain committed to evolving alongside Houston's changing needs while honoring the values that have guided more than a century of care. The stories and images in this report capture a continuum of impact — past, present, and future — shaped by the people and communities we serve.





Commitment to Excellence and Transparency

Family Houston is committed to providing **exceptional service**. We are proud to have been **accredited since 1994 by The Joint Commission**, which sets standards for high-quality patient care. We have also repeatedly received the **Platinum Seal of Transparency**, the highest recognition offered by Candid, an organization that provides data and insights about the nonprofit sector. These achievements underscore our **dedication to accountability, excellence, and continuous improvement**.



Thank You for Being Part of Our Mission

Together, we are **building a stronger Houston—yesterday, today, and tomorrow**. Looking ahead, Family Houston remains **committed to expanding our reach, enhancing services, and ensuring that every individual in our community has the support they need**.



411 Durham Dr, Houston TX, 77007 | 713.861.4849

IG: @familyhouston | FB: @Family Houston | LinkedIn: @Family Houston



Helping Others Help Themselves

OUR THREE PILLARS

- Mental Health Counseling
- Financial Stability Coaching
- Community Support Services

Family Houston is a 501(c)(3) nonprofit organization.